

## ***Prayers to the Sacred Heart of Jesus***

### ***Sacred Heart of Jesus Offering***

Sacred Heart of Jesus, I give myself to You.  
I give You my body, my soul,  
and all that I do or think or say.  
I also offer to You our Sacred Heart family.  
Help us to obey and love You always.  
Keep us from all danger of soul and body.  
Bless our life together with Your  
peace and love.

We hope for the forgiveness of our sins  
through Your mercy, and for the graces we  
need to save our souls.

Through Holy Communion and prayer,  
keep us close to Your Sacred Heart.

Sacred Heart of Jesus, we believe in Your  
love for us.

Help us to love you more. Amen.

### ***Morning Prayer to the Sacred Heart***

Sacred Heart of our Savior, please bless us as  
the new day dawns. May we grow today in  
Your friendship, in helpfulness to others, in  
gratitude for Your benefits beyond number.  
May Christ-like love fill our hearts, guard our  
thoughts, and inspire our actions. Jesus, we  
believe in Your love for us. We trust in You and  
want to remain forever in the safe haven of  
Your loving Heart. Amen.

### ***Evening Prayer to the Sacred Heart***

Heart of Jesus, of whose fullness we have all  
received, we thank You for Your great  
goodness to us today. Heart of Jesus, bruised  
for our offenses, forgive us our sins. Heart of  
Jesus, most worthy of all praise, may the  
angels and saints praise You while we are  
asleep. Dear Savior, in the tenderness of Your  
Heart, watch over us tonight and always.  
Amen.

### ***Prayer to the Sacred Heart***

*by Saint Francis De Sales*

May Thy Heart dwell always in our hearts!  
May Thy Blood ever flow in the veins of our  
souls!

O Sun of our hearts, Thou givest life to all  
things by the rays of Thy goodness!

I will not go until Thy Heart has strengthened  
me, O Lord Jesus!

May the Heart of Jesus be the King of my  
heart!

Blessed be God. Amen.

### ***Sacred Heart of Jesus***

*A Prayer from The Raccolta*

O Divine Heart of Jesus, grant, I beseech  
Thee, eternal rest to the souls in purgatory,  
final grace to all who are to die today, true  
repentance to sinners, the light of faith to  
pagans, Thy blessing to me and to all who are  
mine.

To Thee, O most loving Heart of Jesus, do I  
therefore commend all these souls, and for  
them I offer all Thy merits, together with the  
merits of the most Blessed Mother and of all  
the saints and angels, and also together with  
all the Sacrifices of the Mass, the Holy  
Communions, the prayers and good works that  
are made today throughout the entire  
Christian world.

### ***Child's Prayer to the Sacred Heart***

Dear Sacred Heart of Jesus,

I love You so much and I give You my heart.  
Help me to love God.  
Help me to love my neighbor as a child of God.  
Help me to love myself as a child of God.  
Amen.

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*Established in 1898, Sacred Heart Parish continues to be nourished  
by the love and grace pouring forth from the Heart of Jesus.*

***This Brochure is an outreach  
of the New Evangelization Committee.***

# ***The Sacred Heart Of Jesus***



- † History of the Devotion to the Sacred Heart of Jesus
- † The 12 promises Jesus made to St. Margaret Mary
- † Prayers to the Sacred Heart of Jesus

Please join other members of our parish in  
praying the prayers in this brochure.  
Through our devotion to the Sacred Heart  
of Jesus, may each of us and our parish be  
strengthened and grow in our faith.



## ***History of the Devotion to the Sacred Heart of Jesus***

The heart is a universal symbol of true love, that love for which every human being is searching.

Devotion to the Sacred Heart of Jesus is often believed to have begun in the 17<sup>th</sup> century with a Visitation nun named St. Margaret Mary Alacoque. In reality it began much earlier, in the eternal Heart of God. Our devotion is only a response to God's devoted love, because God first loved us.

Within the Church, we see it as early as the writings of St. Justin (100-163) who states: "We Christians are the true Israel which springs from Christ, for we are drawn out of His heart as out of a rock."

The devotion continued to develop through the centuries and can especially be seen in a book of prayers to the Heart of Jesus by St. Mechthild of Hackeborn (1241-99). In this book she described the union of hearts which she experienced with Jesus.

In 1353 Pope Innocent VI instituted a Mass honoring the mystery of the Sacred Heart of Jesus.

St Francis de Sales (1567-1622) fostered devotion to the Heart of Christ by inviting believers to enter into the Heart of Jesus to see others with the Heart of Christ.

The devotion escalated due to apparitions of our Lord to St. Margaret Mary Alacoque (1647-90) as she prayed before the Blessed Sacrament.

She described how Jesus revealed His heart as a heart on fire with love. Jesus said, **"My divine Heart is so passionately fond of the human race and of you in particular, that it cannot keep back the pent-up flames of its burning charity any longer."** Jesus appeared to her 4 times and in the fourth apparition He asked her to have a feast instituted in honor of His Sacred Heart. He said it was to be a feast of "reparation" to make up for the coldness of most people toward His love, especially as revealed through the gift of the Eucharist.

In 1856 Pope Blessed Pius IX placed the feast on the Church's Liturgical Calendar. Pope Leo XIII (1810-1903) consecrated the world to the Sacred Heart of Jesus in 1899 and considered it the "greatest act of my Pontificate".

Since Pope Leo XIII, every pope has encouraged devotion to the Sacred Heart of Jesus. Pope Pius XII, in his encyclical, *On Devotion to the Sacred Heart*, tells the history of the love of the heart of Christ as it appears in the Scriptures and in the Church's tradition.

The Sacred Heart of Jesus is a sign of God's love and mercy. While speaking at Sacred Heart of Jesus Parish in Rome on June, 9, 2013, Pope Francis said the "...Sacred Heart of Jesus, (is) the highest human expression of divine love...the Heart of Jesus is the ultimate symbol of God's mercy... it is not an imaginary symbol, it is a real symbol, which represents the center, the source from which salvation for all humanity gushed forth."

*Information is referenced from the book  
A Heart on Fire, Rediscovering Devotion  
to the Sacred Heart of Jesus,  
by Fr. James Kubicki, S.J.*



## ***Promises of the Sacred Heart of Jesus***

The Promises Our Lord Jesus Christ Revealed to Saint Margaret Mary For Souls Devoted to His Sacred Heart

1. I will give them all the graces necessary for their state of life.
2. I will give peace in their homes.
3. I will comfort them in all their troubles.
4. I will be their refuge in life and especially in death.
5. I will abundantly bless all their undertakings.
6. Sinners shall find in my Heart the source and the infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall rise speedily to great perfection.
9. I will bless those places wherein the image of my Sacred Heart shall be exposed and venerated.
10. I will give to priests the power to touch the most hardened hearts.
11. Persons who propagate this devotion shall have their names eternally written in my Heart.
12. In the excess of the mercy of my Heart, I promise you that my all-powerful love will grant to all those who will receive Communion on the First Fridays, for nine consecutive months, the grace of final repentance: they will not die in my displeasure, nor without receiving the sacraments; and my Heart will be their secure refuge in that last hour.